

February 21, 2021

10am

First Sunday of Lent



Loving God. Loving People.  
Growing in Christ Together.

*Presiding:* The Reverend Patrick McManus  
*Preaching:* The Reverend Brian Suggs  
*Assisting:* The Reverend Deacon Jennifer Cameron

# THE GATHERING OF THE COMMUNITY

*We gather with song and prayer as the People of God*

Welcome

The Penitential Rite:

*Presider:* The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

*People:* **And also with you.**

*Presider:* Bless the Lord who forgives all our sins.

*People:* **His mercy endures for ever.**

*Presider:* Almighty God,

*All:* **to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

Confession and Absolution

*Presider:* Dear Friends in Christ,  
as we prepare for the Paschal Feast,  
continuing in the apostles' teaching and fellowship,  
in the breaking of bread, and in the prayers,  
let us make ready our hearts  
to renew the covenant of our baptism.

Let us kneel before our Creator and Redeemer.

*Please kneel as you are able.*

*Presider:* Let us ask God to bring to light  
the things now hidden in darkness,  
and to disclose to us the secret purposes of our hearts.  
And most especially,  
let us remember the covenant of our baptism  
and test our hearts and conscience to know  
how faithfully we have persevered in resisting evil,  
and whenever we fell into sin,  
have repented and returned to the Lord.

*Presider:* Holy and immortal God,  
*All:* **you formed us from the dust in your image,  
and redeemed us from sin and death  
by the cross of our Saviour.  
Through the washing of baptism  
you raised us up with him to share  
in the new covenant with all your holy people.  
But we have squandered the inheritance of your  
saints, and have wandered far in a land that is waste.  
Therefore we turn to you in penitence and humility.  
In your great mercy, forgive us and restore us,  
that we may rejoice in your presence,  
and walk in your ways  
to the glory of your name. Amen.**

*Presider:* Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.

*People:* **Amen.**

Prayer of the Day:

*Presider:* Let us pray.

*Silence is kept*

Almighty God,  
whose Son fasted forty days in the wilderness,  
and was tempted as we are but did not sin,  
give us grace to discipline ourselves  
in submission to your Spirit,  
that as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.

**Amen.**

THE PROCLAMATION OF THE WORD OF GOD

*We read and respond to God's message in  
Scripture*

First Reading:

**Genesis 9:8-17**

*Reader:* A reading from the book of Genesis:

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future

generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**

Psalm 25:1-9:

To you, O Lord, I lift up my soul; my God, I put my trust in you; let me not be humiliated, nor let my enemies triumph over me.

**Let none who look to you be put to shame; let the treacherous be disappointed in their schemes.**

Show me your ways, O Lord, and teach me your paths.

**Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long.**

Remember, O Lord, your compassion and love, for they are from everlasting. Remember not the sins of my youth and my transgressions; remember me according to your love and for the sake of your goodness, O Lord.

**Gracious and upright is the Lord; therefore he teaches sinners in his way.**

He guides the humble in doing right and teaches his way to the lowly.

**All the paths of the Lord are love and faithfulness to those who keep his covenant and his testimonies.**

Glory to the Father, and to the Son, and to the Holy Spirit;  
**As it was in the beginning, is now, and will be for ever. Amen.**

Gradual Hymn 175:  
**Forty Days and Forty Nights**  
*Tune: Heinlein*

**Forty days and forty nights  
You were fasting in the wild;  
Forty days and forty nights  
Tempted and yet undefiled.**

**Burning heat throughout the day,  
Bitter cold when light had fled;  
Prowling beasts around your way,  
Stones your pillow, earth your bed.**

**Shall not we your trials share,  
Learn your discipline of will;  
And with you by fast and prayer  
Wrestle with the powers of hell?**

**So, if Satan, pressing hard,  
Soul and body would destroy:  
Christ who conquered, be our guard;  
Give to us the victor's joy.**

**Saviour, may we hear your voice**

**Keep us constant at your side;  
And with you we shall rejoice  
At the eternal Eastertide.**

*~The Reverend George Hunt Smyttan (1822-1870)*

The Gospel:  
**Mark 1:9–15**

*Gospeller:* The Lord be with you.

*People:* **And also with you.**

*Gospeller:* The Holy Gospel of our Lord Jesus Christ,  
according to Mark.

*People:* **Glory to you, Lord Jesus Christ.**

*Gospeller:* In those days Jesus came from Nazareth of Galilee and was baptised by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Gospeller:* The Gospel of Christ.

*People:* **Praise to you, Lord Jesus Christ.**

Sermon:  
*The Reverend Brian Suggs*

*Please keep a period of silence for reflection.*

## The Apostles' Creed:

*Presider:* I invite those who would like to make a profession of Christian faith to join with me in the Apostles' Creed.

*People:* **I believe in God,  
the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

*Presider:* Having reaffirmed our faith, let us prepare to offer our prayers to God.

## Prayers of the People:

*For the Church, those in authority, the world, our community,  
the sick and those in need, for the departed,  
and for the forgiveness of our sins.*

## The Peace:

*Having prayed for God's grace and peace for us and the world,  
we offer an exchange of peace with one another and,  
as you are comfortable, you may use the live chat to say, "Peace be with you"  
to others participating online.*

**Presider:** Gathered as God's people we share his peace.  
The peace of the Lord be always with you.

**People:** **And also with you.**

## THE CELEBRATION OF THE EUCHARIST

*We share God's banquet of love for this community of faith*

## Offertory Hymn 180: **Giver of the Perfect Gift**

*Tune: Song 13*

*It's during the singing of this hymn that we would normally be giving our offerings. You can click here to give your offering through Canada Helps.*

*<https://allsaintskingsway.ca/give>*

**Giver of the perfect gift,  
Only hope of human race,  
Hear the prayer our hearts uplift  
Trembling at thy throne of grace.**

**Though the accusing voice within  
Speaks of many a wrong to thee,  
Thou canst cleanse from every sin,**

Thou canst set the conscience free.

Who can save us, Lord, but thou?  
Let thy mercy show thy power.  
Lo, we plead thy promise now,  
Now, in this the accepted hour.

Oh! may these our Lenten days,  
Blest by thee, with thee be passed,  
That with purer, nobler praise  
We may keep thy feast at last.

*~Latin (11<sup>th</sup> cent.), tr. The Reverend John Ellerton (1826-1893)*

### Prayer over the Gifts:

*Presider:* God our refuge and our strength,  
receive all we offer you this day,  
and through the death and resurrection of your Son  
transform us to his likeness.  
We ask this in his name.  
**Amen.**

### The Great Thanksgiving:

*Presider:* The Lord be with you.  
*People:* **And also with you.**  
*Presider:* Lift up your hearts.  
*People:* **We lift them to the Lord.**  
*Presider:* Let us give thanks to the Lord our God.  
*People:* **It is right to give our thanks and praise.**

*Presider:* It is always right to give you thanks,  
God our Creator,  
loving and faithful,  
holy and strong.

You made us  
and the whole universe,  
and filled your world with life.

You sent your Son to live among us,  
Jesus our Saviour,  
He suffered on the cross;  
he died to save us from our sins;  
he rose in glory from the dead.

You send your Spirit  
to bring new life to the world,  
and clothe us with power from on high.

And so we join the angels  
to celebrate and say:

*People:* **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*Presider:* Father, on the night before he died,  
Jesus shared a meal with his friends.  
He took the bread, and thanked you.  
He broke it, and gave it to them, saying:  
Take and eat; this is my body, given for you.

Do this to remember me.

After the meal, Jesus took the cup of wine.  
He thanked you, and gave it to them, saying:  
Drink this, all of you.  
This is my blood,  
the new promise of God's unfailing love.  
Do this to remember me.

*Presider:* Therefore we proclaim our hope.

*People:* **Dying you destroyed our death,  
rising you restored our life.  
Lord Jesus, come in glory.**

*Presider:* Father, as we bring this bread and wine,  
and remember his death and resurrection,  
send your Holy Spirit,  
that we who share these gifts  
may be fed by Christ's body and his blood.

Pour your Spirit on us  
that we may love one another,  
work for the healing of the earth,  
and share the good news of Jesus,  
as we wait for his coming in glory.

For honour and praise belong to you, Father,  
with Jesus your Son, and the Holy Spirit:  
one God, for ever and ever.

**Amen.**

The Lord's Prayer:  
**Mass for the King of Glory**  
*Betty Pulkingham (b.1928)*

*Presider:* As our Saviour taught us, let us pray:

Our Fath - er in  
hea - ven, Hall - ow'd be your name, your king - dom  
come, your will be done on earth as it is in  
hea - ven, Give us this day our dai - ly bread, for  
give us our sins as we for - give those who sin a -  
gainst us, save us from the time of trial and - de - liv - er us from  
e - vil, for the king - dom, the pow - er and the glo - ry are  
yours now and for ev - er. A - men. A - men.

## Breaking of the Bread:

*Presider:* We break this bread,

*People:* **Communion in Christ's body once broken.**

*Presider:* Let your Church be the wheat  
which bears its fruit in dying.

*People:* **If we have died with him, we shall live with him;  
if we hold firm, we shall reign with him.**

*Presider:* The gifts of God for the People of God.

*People:* **Thanks be to God.**

## An Act of Spiritual Communion:

*'Spiritual Communion' has a long tradition in the Anglican Church, and indeed in the larger Christian tradition. The practice of spiritual communion is found in the office of the Communion of the Sick in our 1962 Book of Common Prayer (p. 584), a rubric retained from the Archbishop Cranmer's first Prayer Book (1549) and subsequent revisions. We believe that this current Covid-19 global pandemic, and the governmental and health restrictions that we are currently experiencing, would certainly constitute a "just impediment" to receiving the sacrament "by mouth". This prayer is to be said by those who can't receive in person, but wish to join, in communion, with those doing so.*

*People:* **My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Cleanse and strengthen me with your grace, Lord Jesus, and never let me be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.**

Communion Hymn 564:  
**Lead Us, Heavenly Father, Lead Us**

*Tune: Mannheim*

Lead us, heavenly Father, lead us  
O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing every blessing,  
If our God our Father be.

Saviour, breathe forgiveness o'er us:  
All our weakness thou dost know;  
Thou didst tread this earth before us,  
Thou didst feel its keenest woe;  
Lone and dreary, faint and weary,  
Through the desert thou didst go.

Spirit of our God, descending,  
Fill our hearts with heavenly joy,  
Love with every passion blending,  
Pleasure that can never cloy:  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.

*~James Edmeston (1791-1867)*

Prayer after Communion:

*Presider:* Faithful God,  
in this holy bread  
you increase our faith and hope and love.  
Lead us in the path of Christ  
who is your Word of life.  
We ask this in his name. **Amen.**

The Doxology:

*Presider:* Glory to God

*People:* **Whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
forever and ever. Amen.**

The Blessing:

*Presider:* The Lord bless you and watch over you,  
the Lord make his face shine upon you  
and be gracious to you,  
the Lord look kindly on you and give you peace;  
and the blessing of God Almighty, Father,  
Son and Holy Spirit, be upon you  
and remain with you always.  
**Amen.**

*cf. Numbers 6.24,25*

The Dismissal:

*Leader:* Go forth on your Lenten journey  
in the power of God's love.

*People:* **Thanks be to God.**

*The flowers in the sanctuary are given to the glory of God*

*in loving memory of Christopher Milton Walmsley (December 25,1950 -  
February 5, 2002),*

*given by Carol Walmsley and family.*

*Please notify the Clergy  
if you know of anyone who is ill  
or otherwise in need of pastoral care.  
Such information is of great assistance to the Clergy,  
as they endeavour to minister to parishioners.*

*Reader:* Donna Quance

*Gospeller:* The Reverend Deacon Jennifer Cameron

*Intercessor:* Natania Friesen

*Production:* ASK Tech Team

*Incumbent:* The Reverend Patrick McManus

*Associate Priest:* The Reverend Brian Suggs

*Deacon Associate:* The Reverend Deacon Jennifer Cameron

*Director of Music:* D. Brainerd Blyden-Taylor

*Organists:* Wade Bray & Peter Mayers

*Associate Minister for Children and Youth:* Naomi Suggs

*Office Administrator:* Kerisha Barnes Drummond

*Sextons:* John Oliver and Ivan Duplantie

*Contributions Secretary:* Della Wilkie

*Nursery:* Hanna Bridport

*Churchwardens:* Leslie Morra, Barbara Jenkins, Peace Rukundo,  
Michael Friesen

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