

January 29, 2023 10am

Fourth Sunday after the  
Epiphany



Loving God. Loving People.  
Growing in Christ Together.

*Presiding:* The Reverend Brian Suggs  
*Preaching:* Natania Friesen

# GATHERING OF THE COMMUNITY

We gather with song and prayer as the People of God

*We are a Christian community who celebrates the love of God in our common  
life of prayer and service in this neighbourhood.*

*Children are full members of our church  
and we welcome their presence and participation in our worship.  
Please feel free to sit at any time during the service.*

Prelude:

*Peter Mayers, organ*

*Please stand as you are able.*

Opening Hymn 474:

**Jesus, Where'er Thy People Meet**

*Tune: Warrington*

**Jesus, where'er thy people meet,  
there they behold thy mercy-seat;  
where'er they seek thee, thou art found,  
and every place is hallowed ground.**

**For thou, within no walls confined,  
inhabitest the humble mind;  
such ever bring thee where they come,  
and going, take thee to their home.**

**Here may we prove the power of prayer  
to strengthen faith and sweeten care,  
to teach our faint desires to rise,  
and bring all heaven before our eyes.**

**Lord, we are few, but thou art near;  
nor short thine arm, nor deaf thine ear;  
O rend the heavens, come quickly down,  
and make a thousand hearts thine own!**

*~William Cowper (1731-1800)*

Welcome:

The Greeting:

*Presider:* The grace of our Lord Jesus Christ  
and the love of God  
and the fellowship of the Holy Spirit  
be with you all.

*People:* **And also with you.**

Collect for Purity:

*Presider:* Almighty God

*People:* **to you all hearts are open  
all desires known  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

The Song of Praise:  
**To God Be the Glory (#371)**  
*Tune: (Idem)*

**To God be the glory, who great things has done!  
God so loved the world freely sending the Son,  
Who yielded his life an atonement for sin,  
And opened the life-gate that all may go in.**

*Refrain:*

**Praise the Lord, praise the Lord,  
Let the earth hear God's voice!  
Praise the Lord, praise the Lord,  
Let the people rejoice!  
O come to the Father through Jesus the Son,  
And give God the glory, who great things has done!**

*~Fanny J. Crosby (1820-1915)*

## Thanksgiving on the Anniversary of a Parish:

*Presider:* Let us pray.

*Silence is kept.*

Almighty God,  
watchful and caring,  
our source and our end,  
all that we are and all that we have are yours.  
We give thanks to you for 79 years of faithful ministry  
as All Saints Kingsway and for this place  
where we have come to praise your name,  
to ask your forgiveness.  
to know your healing power,  
to hear your word,  
and be nourished by the body and blood of your Son.  
Be present always to guide us, to illumine your word,  
to sustain, and to bless your people.  
This we pray in the name of Jesus Christ our Lord.  
**Amen.**

## The Prayer of the Day:

Living God,  
in Christ you make all things new.  
Transform the poverty of our nature  
by the riches of your grace,  
and in the renewal of our lives  
make known your glory;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever.  
**Amen.**

## Prayer for our Young People:

*Children and Youth leave for their Faith Formation programmes.*

*Presider:* May our Lord Jesus bless you as you meet him in the Scriptures.

*Please be seated.*

## THE PROCLAMATION OF THE WORD OF GOD

*We read and respond to God's message in Scripture*

First Reading:

**Micah 6:1-8**

*Reader: Joan Sinclair*

*Reader:* A reading from the book of Micah.

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord." "With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

*Please keep a period of silence for reflection.*

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**

Psalm 15  
*Chant: John Goss*

*Please remain seated*

Lord, who shall dwell in thy tabernacle:  
or who shall rest upon thy holy hill?  
Even he that leadeth an uncorrupt life: and doeth the thing which  
is right,  
and speaketh the truth from his heart.  
He that hath used no deceit in his tongue, nor done evil to his  
neighbour:  
and hath not slandered his neighbour.  
He that setteth not by himself, but is lowly in his own eyes:  
and maketh much of them that fear the Lord.  
He that sweareth unto his neighbour,  
and disappointeth him not: though it were to his own hindrance.  
He that hath not given his money upon usury: nor taken reward  
against the innocent.  
Whoso doeth these things: shall never fall.

Glory be to the Father, and to the Son: and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be: world  
without end. Amen.

Second Reading:  
**1 Corinthians 1:18-31**  
*Reader: Donna Bristow*

*Reader:* A reading from the First Letter of Paul to the Corinthians.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save

those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

*Please keep a period of silence for reflection.*

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**

Gradual Hymn 439:  
**Blest Are the Pure In Heart**

*Tune: Franconia*

**Blest are the pure in heart,  
for they shall see our God;  
the secret of the Lord is theirs,  
their soul is Christ's abode.**

**The Lord, who left the heavens  
our life and peace to bring,  
to dwell in lowliness with us,  
our pattern and our King,**

**Still to the lowly soul  
his presence doth impart  
and for a dwelling and a throne  
chooseth the pure in heart.**

**Lord, we thy presence seek;  
may ours this blessing be:  
give us a pure and lowly heart,  
a temple fit for thee.**

*~John Keble (1792-1866)*

**The Holy Gospel:**

**Matthew 5:1-12**

*Gospeller: The Reverend Brian Suggs*

*Gospeller:* The Lord be with you.

***People:* And also with you.**

*Gospeller:* The Holy Gospel of our Lord Jesus Christ according to Matthew.

***People:* Glory to you, Lord Jesus Christ.**

*Gospeller:* When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

*Gospeller:* The Gospel of Christ

***People:* Praise to you, Lord Jesus Christ**



Sermon:  
Natania Friesen

*Please keep a period of silence for reflection.*

The Apostles' Creed:

*Please stand as you are able.*

*Presider:* I invite those who would like to make a profession of Christian faith to join with me in the Apostles' Creed.

***All:*** I believe in God,  
the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

*Presider:* Having reaffirmed our faith, let us prepare to offer our prayers to God.

## Prayers of the People:

*Intercessor: Sharon Conway*

*For the Church, those in authority, the world, our community,  
the sick and those in need, for the departed,  
and for the forgiveness of our sins.*

## Confession and Absolution:

*Please kneel as you are able.*

*Leader:* The grace of God has dawned upon the world  
through our Saviour Jesus Christ, who sacrificed  
himself for us to purify a people as his own.  
Let us confess our sins.

*cf. Titus 2.11-14*

*Leader:* Father eternal,  
*People:* **Giver of light and grace,  
we have sinned against you  
and against our neighbour,  
in what we have thought,  
in what we have said and done,  
through ignorance, through weakness,  
through our own deliberate fault.  
We have wounded your love,  
and marred your image in us.  
We are sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past;  
and lead us out from darkness  
to walk as children of light.  
Amen.**

*Presider:* May the Father of all mercies  
cleanse you from your sins,  
and restore you in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord. **Amen.**

## The Peace:

*Having prayed for God's grace and peace for us and the world,  
we offer an exchange of peace with one another  
as you are comfortable.*

*Please stand as you are able.*

*Presider:* We are a chosen race, a royal priesthood,  
a holy nation, God's own people,  
that we may proclaim the mighty acts of him  
who called us out of darkness into his marvelous light.  
Gathered as his people we share his peace.  
*cf 1 Peter 2.9*

*People:* The peace of the Lord be always with you!  
**And also with you!**

## THE CELEBRATION OF THE EUCHARIST

*We share God's banquet of love for this community of faith*

Offertory Hymn 525:

**The Church's One Foundation (v 1,2,4,5)**

*Tune: Aurelia*

*It's during the singing of this hymn that we give our offerings. For those  
present in person, an offering plate will be passed. If online, you can click  
the link to give your offering through Canada Helps.  
<https://allsaintskingsway.ca/give>*

**The Church's one foundation  
is Jesus Christ, our Lord;  
we are his new creation  
by water and the Word.  
From heav'n he came and sought us  
to be his holy bride;  
with his own blood he bought us,  
and for our life he died.**

Elect from ev'ry nation,  
yet one o'er all the earth;  
our charter of salvation:  
one Lord, one faith, one birth.  
One glorious name we hallow,  
partake one holy food,  
and to one hope we follow,  
with every grace endued.

'Mid toil and tribulation  
and tumult of our war,  
we wait the consummation  
of peace for evermore,  
till with the vision glorious  
our longing eyes are blessed,  
and the great church victorious  
shall be the church at rest.

Yet we on earth have union  
with God the Three-in-One  
and mystic sweet communion  
with those whose rest is won.  
O happy ones and holy!  
Lord, give us grace that we like them,  
and lowly, on high  
may dwell with thee.

*~Samuel John Stone, 1839-1900*

Prayer over the Gifts:

*Presider:* God of steadfast love,  
may our offering this day,  
by the power of your Holy Spirit,  
renew us for your service.  
We ask this in the name of Jesus Christ the Lord.  
**Amen.**

## The Great Thanksgiving:

*Presider:* The Lord be with you. *People:* And al - so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise

*Presider:* It is always right to give you thanks,  
God our Creator,  
loving and faithful,  
holy and strong.

You made us  
and the whole universe,  
and filled your world with life.

You sent your Son to live among us,  
Jesus our Saviour.  
He suffered on the cross;  
he died to save us from our sins;  
he rose in glory from the dead.

You send your Spirit  
to bring new life to the world,  
and clothe us with power from on high.  
And so we join the angels  
to celebrate and say:

Sanctus:  
*David Haas (b.1957)*



1. Ho - ly, ho - ly Lord, God of pow - er, God of might!
2. Ho - ly, ho - ly Lord, Glo - ry fills the hea - ven and earth!
3. Ho - ly, ho - ly Lord! Bless - ed who comes in the name of the Lord!
4. Glo - ry be to you! Glo - ry now and ev - er - more
5. Glo - ry be to you! Glo - ry now and ev - er - more!



Ho - ly, ho - ly Lord! Ho-san - na in the high - est  
 Ho - ly, ho - ly Lord! Ho-san - na in the high - est.  
 Ho - ly, ho - ly Lord! Ho-san - na in the high - est!  
 Glo - ry be to you! - Ho-san - na in the high - est!  
 Glo - ry be to you, - now and ev - er - more, A - men!

Music: D. Haas  
 © GIA Publication

*Presider:* Father, on the night before he died,  
 Jesus shared a meal with his friends.  
 He took the bread, and thanked you.  
 He broke it, and gave it to them, saying:  
 Take and eat; this is my body, given for you.  
 Do this to remember me.

After the meal, Jesus took the cup of wine.  
 He thanked you, and gave it to them, saying:  
 Drink this, all of you.  
 This is my blood,  
 the new promise of God's unfailing love.  
 Do this to remember me.

*People:* **Glory be to you!**  
**Glory now and evermore.**  
**Glory be to you!**  
**Hosanna in the highest,**

*Presider:* Father, as we bring this bread and wine,  
and remember his death and resurrection,  
send your Holy Spirit,  
that we who share these gifts  
may be fed by Christ's body and his blood.

Pour your Spirit on us  
that we may love one another,  
work for the healing of the earth,  
and share the good news of Jesus,  
as we wait for his coming in glory.

For honour and praise belong to you, Father,  
with Jesus your Son, and the Holy Spirit:  
one God, for ever and ever.

*People:* **Glory be to you!**  
**Glory now and evermore.**  
**Glory be to you!**  
**Now and evermore. Amen.**

The Lord's Prayer:  
**Mass for the King of Glory**  
*Betty Pulkingham (b.1928)*

*Presider:* As our Saviour taught us, let us pray:

Our Fath - er in  
hea - ven, Hall - ow'd be your name, your king - dom

come, your will be done on earth as it is in  
 hea-ven, Give us this day our dai-ly bread, for  
 give us our sins as we for - give those who sin a -  
 gainst us, save us from the time of trial and - de - liv - er us from  
 e - vil, for the king - dom, the pow - er and the glo - ry are  
 yours now and for ev - er. A - men. A - men.

## Breaking of the Bread:

*Presider:* We break the bread of life, and that life is the Light of the world.

*People:* **God here among us, light in the midst of us,  
 Bring us to light and life.**

*Presider:* The gifts of God for the People of God!

*People:* **Thanks be to God!**



## Song for the Breaking of Bread:

## O Lamb of God (*Carmina Burana*)

*Carl Orff (1895-1982)*

The first staff of music is in treble clef with a key signature of one sharp (F#) and a common time signature (C). The melody consists of the following notes: D4 (quarter), E4 (quarter), F#4 (quarter), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (quarter), C4 (half).

O Lamb of God, you take a - way, you take a - way the

sin - - of the world.

1.Lord have

2.Lord have

3. Give us your

mer - cy,            have    mer - cy    up - on    us,    Lord.

mer - cy,            have    mer - cy    up - on    us,    Lord.

peace, O give us your peace, Lord.

*Music: Carl Orff  
Carmina Burana*

*Please be seated.*

## The Communion:

*As we come to communion this morning, we have reintroduced the common cup. No one should feel any pressure to take of it; we just ask that as you come up, you either touch the base of the chalice as an act of acknowledgement or simply cross your arms across your chest and the chalice bearer will proclaim the words of acknowledgement. You are all welcome to the Lord's table. Please come knowing it is Christ himself who welcomes you and feeds you here.*

Communion Music:

Hymn 498:

## How Lovely Is Thy Dwelling Place

*Tune: Brother James' Air*

How lovely is your dwelling-place,  
O Lord of hosts, to me;  
my thirsting soul longs eagerly  
within your courts to be.

Beside your altars, Lord of all,  
the swallows find a nest;  
happy are those who dwell with you  
and praise you without rest;

And happy those whose hearts are set  
upon the pilgrim ways:  
you are the water when they thirst,  
their guide towards your face.

How blest are they that in your house  
for ever give you praise:  
one day with you is better spent  
than thousands in dark ways.

The Lord will hold back no good thing  
from those who justly live;  
to all who trust, the Lord of hosts  
will all his blessings give.

*~James Leith Macbeth Bain (1840?-1925)*

Hymn 70:  
**Jesus, The Joy of Loving Hearts**  
*Tune: Maryton*

Jesus, the joy of loving hearts,  
true source of life, our lives sustain;  
from the best bliss that earth imparts,  
we turn unfilled to you again.

Your truth unchanged has ever stood;  
you rescue those who on you call:  
to those yet seeking, you are good;  
to those who find you, all in all.

We taste of you, the living bread,  
and long to feast upon you still.  
We drink from you, the fountain-head,  
our thirsty souls from you we fill.

Our restless spirits long for you,  
however may our lot be cast,  
glad when your gracious smile we view,  
blessed when our faith can hold you fast.

Jesus, forever with us stay:  
make all our moments calm and bright;  
chase the dark night of sin away;  
shed through the world your holy light.

*~Henry Percy Smith (1825-1898)*

Prayer after Communion:

*Presider:* Source of all goodness,  
in this eucharist  
we are nourished by the bread of heaven  
and invigorated with new wine.  
May these gifts renew our lives,  
that we may show your glory to all the world,  
in the name of Jesus Christ the Lord.  
**Amen.**

## THE SENDING OUT

*We now go into the world declaring the good news of Jesus Christ*

The Doxology:

*Presider:* Glory to God  
*All:* **Whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
forever and ever. Amen.**

Parish Announcements:

The Blessing:

*Presider:* May the peace of God,  
which passes all understanding,  
keep your hearts and your minds  
in the knowledge and love of God  
and of his son, Jesus Christ, our Lord.  
And the blessing of God Almighty:  
Father, Son, and Holy Spirit  
be upon you and remain with you always.

*People:* **Amen.**

Closing Hymn 399:  
**Now Thank We All Our God**

*Tune: Nun Danket*

Now thank we all our God,  
with heart and hands and voices,  
who wondrous things hath done,  
in whom this world rejoices;  
who from our mother's arms  
hath blessed us on our way  
with countless gifts of love,  
and still is ours today.

O may this bounteous God  
through all our life be near us,  
with ever joyful hearts  
and blessed peace to cheer us,  
and nourish us with grace,  
and guide us when perplexed,  
and free us from all ills  
in this world and the next.

All praise and thanks to God  
eternal now be given,  
to Spirit and to Word,  
who reign in highest heaven:  
our ever faithful God,  
whom earth and heaven adore;  
for thus it was, is now,  
and shall be evermore.

*~Martin Rinckart (1596-1649)*

The Dismissal:

*Deacon:* Go forth in the light of Christ!

*People:* **Thanks be to God!**

**Postlude:**

*Peter Mayers, organ*



*The flowers in the sanctuary are  
given as a thank offering by Helen Hudson.*

*Please notify the Clergy if you know of anyone  
who is ill or otherwise in need of pastoral care.  
Such information is of great assistance to the Clergy,  
as they endeavour to minister to parishioners.*

*Readers:* Joan Sinclair and Donna Bristow  
*Sidesteam:* 3  
*Chancel Team:* 3  
*Chalice:* Anne Layton and Jamie Isbister  
*Intercessor:* Sharon Conway  
*Gospeller:* The Rev. Brian Suggs  
*Production:* ASK Tech Team  
*Incumbent:* The Reverend Patrick McManus  
*Associate Priest:* The Reverend Brian Suggs  
*Deacon Associate:* The Reverend Deacon Jennifer Cameron  
*Associate Minister for Children and Youth:* Naomi Suggs  
*Organist:* Peter Mayers  
*Office Administrator:* Kerisha Barnes Drummond (Mat. Leave)/  
Renee Bouffard-McManus  
*Sextons:* John Oliver and Phuntsok Rabten  
*Contributions Secretary:* Della Wilkie  
*Nursery:* Hanna Bridport  
*Churchwardens:* Jacquie Burkhardt, Mary Anne Huggins, and  
Jennifer Kelly

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