

January 28, 2024 10am

The Fourth Sunday after Epiphany



Loving God. Loving People.  
Growing in Christ Together.

<i>Presiding:</i>	The Reverend Dr. Patrick McManus
<i>Preaching:</i>	The Reverend Brian Suggs
<i>Assisting:</i>	The Reverend Rob Petkau
	Natania Friesen

# GATHERING OF THE COMMUNITY

*We gather with song and prayer as the People of God*

*We are a Christian community who celebrates the love of God in our common  
life of prayer and service in this neighbourhood.*

*Children are full members of our church  
and we welcome their presence and participation in our worship.  
Please feel free to sit at any time during the service.*

Prelude

**Introduction et Prière à Notre-Dame  
(from Suite gothique, Op. 25)**

*Leon Boellmann*

*Please stand as you are able.*

Opening Hymn:

**O Praise Ye the Lord (330)**

*Tune: Laudate Dominum*

**O praise ye the Lord!  
Give praise in the height;  
Rejoice in God's Word, ye angels of light;  
Ye heavens, adore him by whom ye were made,  
And worship before him in brightness arrayed.**

**O praise ye the Lord!  
Give praise upon earth;  
In tuneful accord, give thanks for new birth;  
Praise God who hath brought you all grace from above,  
Praise God who hath taught you the pathways of love.**

**O praise ye the Lord!  
All things that give sound;  
Each jubilant chord re-echo around;  
Loud organs, God's glory proclaim in deep tone,  
And sweet harp, the story of what God hath done.**

O praise ye the Lord!  
Thanksgiving and song  
be ever outpoured all ages along;  
For love in creation, for heaven restored,  
For grace of salvation, O praise ye the Lord!

Welcome:

The Greeting:

*Presider:* The grace of our Lord Jesus Christ  
and the love of God  
and the fellowship of the Holy  
Spirit be with you all.

*People:* **And also with you.**

Collect for Purity:

*Presider:* Almighty God,  
*All:* to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord.  
Amen.

The Song of Praise:  
**Glory Be to God (143)**  
*Tune: Regent Square*

Glory be to God the Father,  
Glory be to God the Son,  
Glory be to God the Spirit,  
Great Jehovah three in one;  
Singing glory to our Saviour,  
Praise him our eternal one.

Glory, blessing, praise eternal,  
Thus the choir of angels sings  
Honor, riches, power, dominion,  
Thus its praise creation brings.  
Singing glory to our Saviour,  
Glory to the King of Kings.

The Prayer of the Day:

*Presider:* Let us pray.

*Silence is kept.*

Living God,  
in Christ you make all things new.  
Transform the poverty of our nature  
by the riches of your grace,  
and in the renewal of our lives  
make known your glory;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

*Please be seated.*

Prayer for our Young People:  
*Children leave for their Faith Formation program.*

*Presider:* May our Lord Jesus bless you as you meet him in the Scriptures.

## THE PROCLAMATION OF THE WORD OF GOD

*We read and respond to God's message in Scripture*

First Reading:  
**Deuteronomy 18:15-20**  
*Reader: Doug Colbourne*

*Reader:* A reading from the book of Deuteronomy.

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die."

*Please keep a period of silence for reflection.*

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**

## Psalm 111

*Please remain seated*

### There Is One Lord

*Jacques Berthier (1923-1994)*

#### **Refrain (R):**

There is one Lord, one faith, one bap - ti - sm;

There is one God who is Fath - er of all.

Music: J. Berthier  
Taizé Community  
© GIA Publication

*Verses:*

I will give thanks to the Lord with my whole heart,  
in the assembly of the upright, in the congregation.  
Great are the deeds of the Lord!  
they are studied by all who delight in them.

His work is full of majesty and splendour,  
and his righteousness endures forever.  
He makes his marvellous works to be remembered;  
the Lord is gracious and full of com-·passion. (R)

He gives food to those who fear\_him;  
He is ever mindful of\_his covenant.  
He has shown his people the power of\_his works  
He blesses the lands of the nations.

The works of his hands are faithfulness and justice;  
all his commandments are sure.  
The fear of the Lord is the beginning of wisdom;  
his praise endures forever. (R)

Second Reading:  
**1 Corinthians 8:1-13**  
*Reader: Peace Rukundo*

*Reader:* A reading from the first letter of Paul to the  
Corinthians.

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth - as in fact there are many gods and many lords - yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are

all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Please keep a period of silence for reflection.*

*Reader:* The word of the Lord.

*People:* **Thanks be to God.**

The Gospel Acclamation:

**This is the Day (373)**

*Tune: Irish (v. 1 & 3)*

**This is the day the Lord hath made,  
Its hours to God are known;  
Let heaven rejoice, let earth be glad,  
And praise surrounds the throne.**

**Hosanna to the-anointed King,  
To David's holy Son;  
Help us, O Lord, descend and bring  
Salvation from thy Word.**

## The Holy Gospel:

**Mark 1:21-28**

*Gospeller: The Reverend Rob Petkau*

*Gospeller:* The Lord be with you.

***People:* And also with you.**

*Gospeller:* The Holy Gospel of our Lord Jesus Christ according to Mark.

***People:* Glory to you, Lord Jesus Christ.**

*Gospeller:* They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

*Gospeller:* The Gospel of Christ.

***People:* Praise to you, Lord Jesus Christ.**

**(v.4) Hosanna in the highest strains**

**The church on earth can raise;**

**The highest heavens in which He reigns**

**Shall give him nobler praise.**

*Please be seated.*

**Sermon:**

*The Reverend Brian Suggs*

*Please keep a period of silence for reflection.*



## The Apostles' Creed:

*Please stand as you are able.*

*Presider:* I invite those who would like to make a profession of Christian faith to join with me in the Apostles' Creed.

***All:* I believe in God,  
the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

*Presider:* Having reaffirmed our faith, let us prepare to offer our prayers to God.

## Prayers of the People:

*Intercessor: Joanne Colbourne*

*For the Church, those in authority, the world, our community,  
the sick and those in need, for the departed,  
and for the forgiveness of our sins.*

## The Confession and Absolution:

*Presider:* Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
he welcomes sinners  
and invites them to his table.  
Let us confess our sins,  
confident in God's forgiveness.

*Please kneel as you are able.*

*Presider:* Most merciful God,  
*All:* **we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

*Presider:* Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.

*People:* **Amen.**

## The Peace:

*Having prayed for God's peace for us and the world,  
we offer an exchange of peace with one another  
from where we are standing and online in the 'live chat'.*

*Please stand as you are able.*

*Presider:* We are a chosen race, a royal priesthood,  
a holy nation, God's own people,  
that we may proclaim the mighty acts of him  
who called us out of darkness into his marvelous  
light. Gathered as his people we share his peace.  
*cf 1 Peter 2.9*

*People:* The peace of the Lord be always with you.  
**And also with you.**

## THE CELEBRATION OF THE EUCHARIST

*We share God's banquet of love for this community of faith*

Offertory Hymn:  
**Jesus, Where'er Thy People Meet (474)**  
*Tune: Warrington*

*It's during the singing of this hymn that we give our offerings. For those  
present in person, an offering plate will be passed. If online, you can click  
the link to give your offering through Canada Helps.  
<https://allsaintskingsway.ca/give>*

**Jesus, where'er thy people meet,  
there they behold thy mercy-seat;  
where'er they seek thee, thou art found,  
and every place is hallowed ground.**

**For thou, within no walls confined,  
inhabitest the humble mind;  
such ever bring thee where they come,  
and going, take thee to their home.**

**Here may we prove the power of prayer  
to strengthen faith and sweeten care,  
to teach our faint desires to rise,  
and bring all heaven before our eyes.**

Lord, we are few, but thou art near;  
nor short thine arm, nor deaf thine ear;  
O rend the heavens, come quickly down,  
and make a thousand hearts thine own!

### Prayer over the Gifts:

*Presider:* God of steadfast love,  
may our offering this day,  
by the power of your Holy Spirit,  
renew us for your service.  
We ask this in the name of Jesus Christ the Lord.  
**Amen.**

### The Great Thanksgiving:

The musical notation consists of three staves, each with a treble clef and a key signature of one sharp (F#). The notation is divided into two parts: *Presider:* and *People:*. The lyrics are written below the notes.

*Presider:* The Lord be with you. And al - so with you.  
*People:* Lift up your hearts. We lift them to the Lord.  
Let us give thanks to the Lord our God. It is right to give our thanks and praise

*Presider:* Blessed are you, gracious God,  
creator of heaven and earth,  
you have revealed your eternal plan of salvation,  
and have shown your Son Jesus Christ  
to be the light of all peoples.

Therefore with angels and archangels  
we raise our voices in joyful praise  
to proclaim the glory of your name.

Sanctus:  
**Holy, Holy, Holy Lord (719)**  
*Tune: American Traditional*

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory,  
Hosanna in the highest.**

**Blessed is He who comes  
In the name of the Lord,  
Hosanna in the highest,  
Hosanna in the highest.**

*Presider:* We give thanks to you, Lord our God,  
for the goodness and love  
you have made known to us in creation;  
in calling Israel to be your people;  
in your Word spoken through the prophets;  
and above all in the Word made flesh,  
Jesus your Son.

For in these last days you sent him  
to be incarnate from the Virgin Mary,  
to be the Saviour and Redeemer of the world.  
In him, you have delivered us from evil,  
and made us worthy to stand before you.  
In him, you have brought us  
out of error into truth,  
out of sin into righteousness,  
out of death into life.

On the night he was handed over  
to suffering and death,  
a death he freely accepted,  
our Lord Jesus Christ took bread;  
and when he had given thanks to you,  
he broke it, and gave it to his disciples,

and said, " Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine;  
and when he had given thanks,  
he gave it to them,  
and said, "Drink this, all of you:  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

Therefore, Father, according to his command,

**All:        we remember his death,  
              we proclaim his resurrection,  
              we await his coming in glory;**

*Presider:*    and we offer our sacrifice  
                  of praise and thanksgiving  
                  to you, Lord of all;  
                  presenting to you, from your creation,  
                  this bread and this wine.

We pray you, gracious God,  
to send your Holy Spirit upon these gifts,  
that they may be the sacrament  
of the body of Christ  
and his blood of the new covenant.  
Unite us to your Son in his sacrifice,  
that we, made acceptable in him,  
may be sanctified by the Holy Spirit.

In the fullness of time,  
reconcile all things in Christ,  
and make them new,  
and bring us to that city of light  
where you dwell with all your sons and daughters;  
through Jesus Christ our Lord,

the firstborn of all creation,  
the head of the Church,  
and the author of our salvation;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory are yours, almighty Father,  
now and for ever.

The Lord's Prayer:  
**Mass for the King of Glory**  
*Betty Pulkingham (b.1928)*

*Presider:* As our Saviour taught us, let us pray:

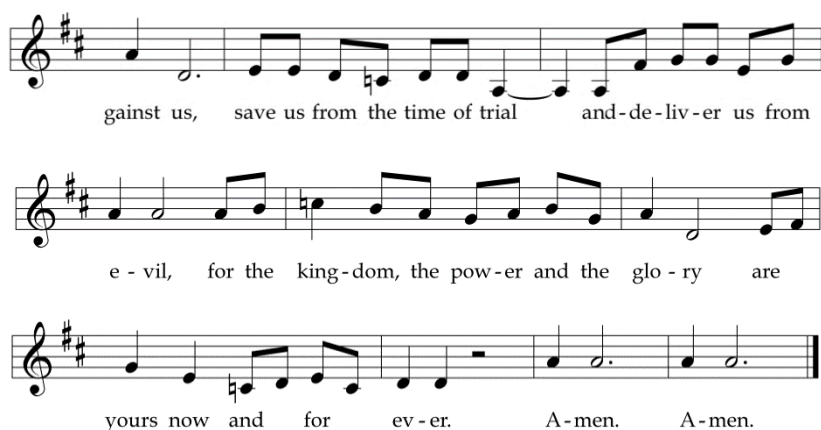
Our Fath - er in

hea - ven, Hall-ow'd be your name, your king-dom

come, your will be done on earth as it is in

hea-ven, Give us this day our dai - ly bread, for

give us our sins as we for - give those who sin a -



### Breaking of the Bread:

*Presider:* We break the bread of life, and that life is the Light of the world.

*People:* **God here among us, light in the midst of us,  
Bring us to light and life.**

*Presider:* The gifts of God for the People of God.

*People:* **Thanks be to God.**

### Song for the Breaking of Bread:

**O God, Unseen Yet Ever Near (52)**

*Tune: St. Flavian, v. 3 & 4*

**We come, obedient to your Word,  
To feast on heavenly food,  
To eat the body of the Lord,  
And drink his precious blood.**

**O living Bread, enduring Vine,  
Your words we shall obey,  
And go, renewed with strength divine,  
Rejoicing on our way.**



*Please be seated.*

## The Communion:

*As we come to communion, all those baptized in any Christian denomination are welcome to receive the bread and wine. Those not yet baptized are welcome to come forward for a blessing; please cross your arms over your chest and the priest will pray for you.*

*No one should feel any pressure to take of the common cup; if you choose not to receive from it, please either touch the base of the chalice as an act of acknowledgement or simply cross your arms across your chest and the chalice bearer will proclaim the words of acknowledgement.*

*You are all welcome to the Lord's table. Please come knowing it is Christ himself who welcomes you and feeds you here.*

Communion Anthem:  
**Come, to the Table of the Lord**  
*J. Althouse*

## Prayer after Communion:

*Presider:* Source of all goodness,  
in this eucharist  
we are nourished by the bread of heaven  
and invigorated with new wine.  
May these gifts renew our lives,  
that we may show your glory to all the world,  
in the name of Jesus Christ the Lord.  
**Amen.**

## THE SENDING OUT

*We now go into the world declaring the good news of Jesus Christ*

## The Doxology:

*Presider:* Glory to God  
*All:* Whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
forever and ever. Amen.

Parish Announcements:

The Blessing:

*Presider:* Now may the Lord of peace himself  
give you peace at all times and in every way.  
The Lord be with you all; and the blessing of God  
Almighty, the Father, the Son, and the Holy Spirit, be  
among you, and remain with you always. **Amen.**

Closing Hymn:  
**Tell Out, My Soul (362)**  
*Tune: Woodlands*

**Tell out, my soul, the greatness of the Lord!  
Unnumbered blessings, give my spirit voice;  
Tender to me the promise of his Word;  
In God my Saviour shall my heart rejoice.**

**Tell out, my soul, the greatness of his name!  
Make known his might, the deeds his arm has done;  
His mercy sure, from age to age the same;  
His holy name - the Lord, the Mighty One.**

**Tell out, my soul, the greatness of his might!  
Powers and dominions lay their glory by;  
Proud hearts and stubborn wills are put to flight,  
The hungry fed, the humble lifted high.**

**Tell out, my soul, the glories of his word!  
Firm is his promise, and his mercy sure.  
Tell out, my soul, the greatness of the Lord  
To children's children and forevermore!**

The Dismissal:

*Deacon:* Go forth in the light of Christ.

*People:* **Thanks be to God.**

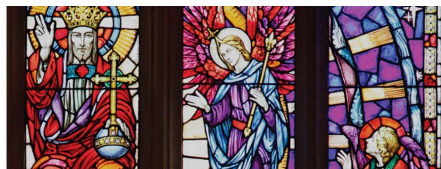
Postlude:

**Menuet**

**(from Suite gothique, Op. 25)**

*Leon Boellmann*

We give thanks to God for all who give back to God out of what God has given you in support of the ministry at All Saints Kingsway! If you would like to give, you can do so in the following ways.



## How to Give

1. Use an offering envelope and put it in the offering plate
2. PAR – Pre Authorized Remittance (automatic monthly withdrawal)  
The form to enroll or make changes can be found at [www.allsaintskingsway.ca/give](http://www.allsaintskingsway.ca/give)
3. Scan the QR code below and give online through Canada Helps



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**Wifi Network: ASK-Sanctuary-Guest**

**Password: allsaints**

*All are welcome to join these upcoming services & events!*

Mark Your Calendars

**January 28** - Youth Group 6:30-8pm

**January 30** - Tuesdays@ASK 7pm

**February 1** - Thursday Eucharist 10:30am  
Compline 8pm

# **This Winter at ASK**

**Feb 2-4 - Youth Group Winter Retreat**

**Feb 10, 2:30-4pm - Family Skating at Central Arena**

**Feb 11, 6:30-8pm - Youth Group**

**Feb 13 - Shrove Tuesday Pancake Supper**

**Feb 14 - Ash Wednesday**

**Feb 25, 11:30am - Vestry**

**Feb 25, 6:30-8pm - Youth Group**

**Mar 1, 7-9pm - Youth Worship Night**

*The flowers in the sanctuary are given  
to the glory of God*

*as a thank offering by Helen Hudson.*

*Please notify the Clergy if you know of anyone  
who is ill or otherwise in need of pastoral care.  
Such information is of great assistance to the Clergy,  
as they endeavour to minister to parishioners.*

*Readers:* Doug Colbourne and Peace Rukundo

*Sidesteam:* 4

*Chancel Team:* 5

*Chalice Bearers:* Mary Lou Tims and Dave Costen

*Gospeller:* The Reverend Rob Petkau

*Intercessor:* Joanne Colblourne

*Production:* ASK Tech Team

*Incumbent:* The Reverend Dr. Patrick McManus

*Associate Priest:* The Reverend Brian Suggs

*Deacon Associate:* The Reverend Deacon Jennifer Cameron

*Associate Minister for Children and Youth:* Naomi Suggs

*Lay Pastoral Associate:* Natania Friesen

*Director of Music/Organist:* Gerald Loo

*Theology Student Intern:* The Reverend Rob Petkau

*Office Administrator:* Kerisha Barnes Drummond

*Communications Assistant:* Jacob Andrews

*Sextons:* Phuntsok Rabten and William Cuaresma

*Contributions Secretary:* Della Wilkie

*Churchwardens:* Sharon Conway, Jennifer Kelly, Beena Kuriakose,  
and Terry Smith



Welcome! We're glad you're here.  
Please use QR code to fill out a  
Connection Card. We look forward  
to seeing you again soon!