

March 9, 2025

10am



First Sunday of Lent



Loving God. Loving People.
Growing in Christ Together.

Presiding:
Assisting:

The Reverend Dr. Patrick McManus
The Reverend Ginie Wong
The Reverend Deacon Jennifer Cameron

GATHERING OF THE COMMUNITY

We gather with song and prayer as the People of God

*We are a Christian community who celebrates the love of God in our common
life of prayer and service in this neighbourhood.*

*Children are full members of our church
and we welcome their presence and participation in our worship.*

Nursery care is available.

Please feel free to sit at any time during the service.

Prelude:

“Schmucke dich, o liebe Seele” BWV 654

J.S. Bach

Please stand as you are able.

Opening Hymn:

Forty Days and Forty Nights (175)

Tune: Heinlein

**Forty days and forty nights
You were fasting in the wild;
Forty days and forty nights
Tempted and yet undefiled.**

**Burning heat throughout the day,
Bitter cold when light had fled;
Prowling beasts around your way,
Stones your pillow, earth your bed.**

**Shall not we your trials share,
Learn your discipline of will;
And with you by fast and prayer
Wrestle with the powers of hell?**

**So, if Satan, pressing hard,
Soul and body would destroy:
Christ who conquered, be our guard;
Give to us the victor's joy.**

Saviour, may we hear your voice
Keep us constant at your side;
And with you we shall rejoice
At the eternal Eastertide.

Welcome:

The Penitential Rite:

Presider: The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People: **And also with you.**

Presider: Bless the Lord who forgives all our sins.

People: **His mercy endures for ever.**

Presider: Almighty God,

All: **to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

Confession and Absolution:

Presider: Dear Friends in Christ,
as we prepare for the Paschal Feast,
continuing in the apostles' teaching and fellowship,
in the breaking of bread, and in the prayers,
let us make ready our hearts
to renew the covenant of our baptism.

Let us kneel before our Creator and Redeemer.

Please kneel as you are able.

Presider: Let us ask God to bring to light
the things now hidden in darkness,
and to disclose to us the secret purposes of our hearts.
And most especially,
let us remember the covenant of our baptism
and test our hearts and consciences
to know how faithfully we have continued in the
apostles' teaching and fellowship, in the breaking of
bread and in the prayers.

Presider: Holy and immortal God,
All: **you formed us from the dust in your image,
and redeemed us from sin and death
by the cross of our Saviour.
Through the washing of baptism
you raised us up with him to share in the new
covenant with all your holy people.
But we have squandered the inheritance of your
saints, and have wandered far in a land that is waste.
Therefore we turn to you in penitence and humility.
In your great mercy, forgive us and restore us,
that we may rejoice in your presence,
and walk in your ways
to the glory of your name. Amen.**

Presider: Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People: **Amen.**

Song of Penitence:
Kyrie Eleison
Avon Gillespie



Lord, have mer - cy. Christ, have mer - cy.

Music: Mass No. 1, Avon Gillespie
 Music © 1987 GIA Publications, Inc.



Lord, have mer - cy; have mer - cy, O Lord.

The Prayer of the Day:

Presider: Let us pray.

Silence is kept.

Almighty God,
 whose Son fasted forty days in the wilderness,
 and was tempted as we are but did not sin,
 give us grace to discipline ourselves
 in submission to your Spirit,
 that as you know our weakness,
 so we may know your power to save;
 through Jesus Christ our Lord,
 who lives and reigns with you and the Holy Spirit,
 one God, now and for ever.
Amen.

Please be seated.

Prayer for our Young People:
Children leave for their Faith Formation programmes.

Presider: May our Lord Jesus bless you as you meet him in the Scriptures. **Amen.**

Please be seated.

THE PROCLAMATION OF THE WORD OF GOD

We read and respond to God's message in Scripture

First Reading:
Deuteronomy 26:1-11

Reader: Evelyn Clarke

Reader: A reading from the book of Deuteronomy.

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord,

have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Please keep a period of silence for reflection.

Reader: The word of the Lord.

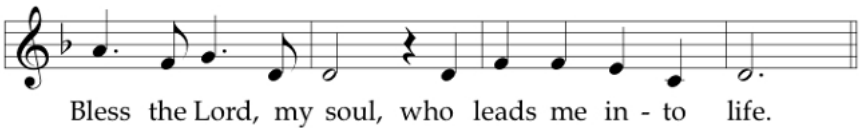
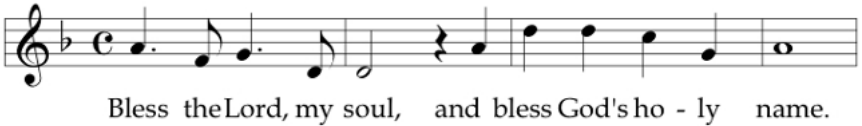
People: **Thanks be to God.**

Psalm 91:1-2, 9-16
Bless the Lord, My Soul

Jacques Berthier

Please remain seated.

Refrain (R):



Verses:

**He who dwells in the shelter of the Most· High,
abides under the shadow of the Almighty.
"You are my refuge· and my stronghold,
my God· in whom I put my trust."**

**Because you have made the Lord your· refuge,
and the Most High your· habitation,
No evil shall happen· to you,
neither shall any plague come near your dwelling. (R)**

For he shall give his angels charge over you,
to keep you in all your ways.
They shall bear you in their hands,
lest you dash your foot against a stone.

He shall call upon me, and I will answer him;
When I am in trouble, he will rescue me,
With long life will I be satisfied,
He is my salvation and strength. (R)

Second Reading:

Romans 10:8B-13

Reader: Donna Bristow

Reader: A reading from the letter of Paul to the Romans..

"The word is near you, on your lips and in your heart" that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Please keep a period of silence for reflection.

Reader: The word of the Lord.

People: **Thanks be to God.**

Gospel Acclamation:

The Head That Once Was Crowned (491)

Tune: St. Magnus

Please stand as you are able.

**The head that once was crowned with thorns
Is crowned with glory now;
A royal diadem adorns
The mighty Victor's brow.**

**The highest place that heav'n affords
Is his, is his by right.
The king of kings and Lord of lords,
And heav'ns eternal light.**

The Holy Gospel:
Luke 4:1-13

Gospeller: The Reverend Deacon Jennifer Cameron

Gospeller: The Lord be with you.

People: **And also with you.**

Gospeller: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: **Glory to you, Lord Jesus Christ.**

Gospeller: Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the

Lord your God to the test." When the devil had finished every test, he departed from him until an opportune time.

Gospeller: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

(sung) **The cross he bore is life and health,
Though shame and death to him,
His people's hope, his people's wealth,
Their everlasting theme.**

Sermon:

The Reverend Dr. Patrick McManus

Please be seated.

Please keep a period of silence for reflection.

The Affirmation of Faith:

The Nicene Creed

Please stand as you are able.

Presider: Let us confess our faith, as we say:

All: **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.**

Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Presider: Having reaffirmed our faith, let us prepare to offer our prayers to God.

Prayers of the People:

Intercessor: The Reverend Ginnie Wong

*For the Church, those in authority, the world, our community,
the sick and those in need, for the departed,
and for the forgiveness of our sins.*

The Confession and Absolution:

Presider: Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Please kneel as you are able.

Presider: Most merciful God,
All: **we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Presider: Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People: **Amen.**

The Peace:

*Having prayed for God's grace and peace for us and the world,
we offer an exchange of peace with one another
as you are comfortable, saying "Peace be with you" or making a sign of peace.*

Please stand as you are able.

Presider: The peace of the Lord be always with you.

People: **And also with you.**

THE CELEBRATION OF THE EUCHARIST

We share God's banquet of love for this community of faith

Offertory Hymn:

Giver of the Perfect Gift (180)

Tune: Song 13

*It's during the singing of this hymn that we give back to God from what God has given us. You can use an offering envelope or give via e-transfer:
etransfer@allsaintskingsway.ca*

**Giver of the perfect gift,
Only hope of human race,
Hear the prayer our hearts uplift
Trembling at thy throne of grace.**

**Though the accusing voice within
Speaks of many a wrong to thee,
Thou can cleanse from every sin,
Thou can set the conscience free.**

**Who can save us, Lord, but thou?
Let thy mercy show thy power.
Lo, we plead thy promise now,
Now, in this the accepted hour.**

**Oh! may these our Lenten days,
Blest by thee, with thee be passed,
That with purer, nobler praise
We may keep thy feast at last.**

Prayer over the Gifts:

Presider: God our refuge and our strength,
receive all we offer you this day,
and through the death and resurrection of your Son
transform us to his likeness.
We ask this in his name.
Amen.

The Great Thanksgiving:

Presider: The Lord be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Presider: Blessed are you, gracious God,
creator of heaven and earth,
because you bid your faithful people
to cleanse their hearts
and to prepare with joy for the paschal feast;
that reborn through the waters of baptism
and renewed in the eucharistic mystery,
we may be more fervent in prayer
and more generous in the works of love.
Therefore we raise our voices to you in praise
to proclaim the glory of your name.

Sanctus:
Holy, Holy, Holy Lord (735)
F. Schubert, arr. R. Proulx

**Holy, holy, holy Lord,
God of power and might,
Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full,
Full of your glory,
Hosanna in the highest,
Hosanna in the highest.**

**Blessed is He who comes
In the name of the Lord,
Hosanna in the highest,
Hosanna in the highest.**

Presider: We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh,
Jesus your Son.

For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil,
and made us worthy to stand before you.
In him, you have brought us
out of error into truth,
out of sin into righteousness,
out of death into life.

On the night he was handed over
to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;

and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, " Take, eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

Therefore, Father, according to his command,

All: **we remember his death**
we proclaim his resurrection,
we await his coming in glory;

Presider: and we offer our sacrifice
of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.
In the fullness of time,
reconcile all things in Christ,
and make them new,
and bring us to that city of light

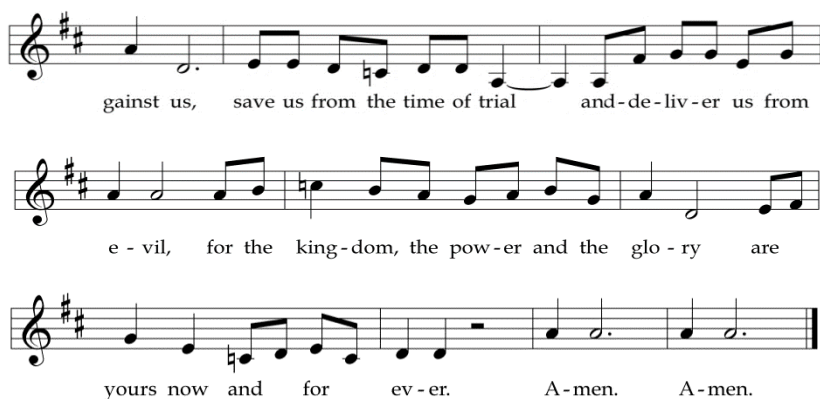
where you dwell with all your sons and daughters;
 through Jesus Christ our Lord,
 the firstborn of all creation,
 the head of the Church,
 and the author of our salvation;
 by whom, and with whom, and in whom,
 in the unity of the Holy Spirit,
 all honour and glory are yours, almighty Father,
 now and for ever.

All: Amen.

The Lord's Prayer:
Mass for the King of Glory
Betty Pulkingham (b.1928)

Presider: As our Saviour taught us, let us pray:

Our Fath - er in
 hea - ven, Hall - ow'd be your name, your king - dom
 come, your will be done on earth as it is in
 hea - ven, Give us this day our dai - ly bread, for
 give us our sins as we for - give those who sin a -



gainst us, save us from the time of trial and-de-liv-er us from
 e - vil, for the king-dom, the pow-er and the glo - ry are
 yours now and for ev - er. A - men. A - men.

Breaking of the Bread:

Presider: We break this bread,
People: **Communion in Christ's body once broken.**

Presider: Let your Church be the wheat
 which bears its fruit in dying.
People: **If we have died with him, we shall live with him;
 if we hold firm, we shall reign with him.**

Presider: The gifts of God for the People of God.
People: **Thanks be to God.**

Song for the Breaking of Bread:

Jesus, Lamb of God (747)

F. Schubert, arr. R. Proulx

**Jesus, Lamb of God, have mercy on us.
 Jesus, bearer of our sins, have mercy on us.
 Jesus, redeemer, redeemer of the world,
 Give us your peace, give us your peace.**

Please be seated.

The Communion:

As we come to communion, we have reintroduced the common cup. No one should feel any pressure to take it; we just ask that as you come up, you either touch the base of the chalice as an act of acknowledgement or simply cross your arms across your chest and the chalice bearer will proclaim the words of acknowledgement. You are all welcome to the Lord's table. Please come knowing it is Christ himself who welcomes you and feeds you here.

Communion Anthem:

The Lord's My Shepherd

James Bain

Prayer after Communion:

Please stand as you are able.

Presider: All your works praise you, O Lord.

All: **And your faithful servants bless you.**

Gracious God

**we thank you for feeding us
with the body and blood of your Son
Jesus Christ.**

**May we, who share his body,
live his risen life;**

**we, who drink his cup,
bring life to others;**

**we, whom the Spirit lights,
give light to the world.**

**Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

THE SENDING OUT

We now go into the world declaring the good news of Jesus Christ

Parish Announcements:

Please be seated.

Sending Out:

Presider: The mission of the Lay Pastoral Communion Visitors is to bring the presence of Christ in the sacrament to those who are sick or shut-in in our parish. As you go out, share the light and hope of Christ with those you meet and go with our blessing. **Amen.**

The Blessing:

Please stand as you are able.

Presider: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of his Son Jesus Christ, our Lord. And the blessing of God almighty, Father, Son, and Holy Spirit, be upon you and remain with you always.
Amen.

Closing Hymn:

Lead Us, Heavenly Father, Lead Us (564)

Tune: Mannheim

**Lead us, heavenly Father, lead us
O'er the world's tempestuous sea;
Guard us, guide us, keep us, feed us,
For we have no help but thee;
Yet possessing every blessing,
If our God our Father be.**

**Saviour, breathe forgiveness o'er us:
All our weakness thou dost know;
Thou didst tread this earth before us,
Thou didst feel its keenest woe;
Lone and dreary, faint and weary,
Through the desert thou didst go.**

**Spirit of our God, descending,
Fill our hearts with heavenly joy,
Love with every passion blending,
Pleasure that can never cloy:
Thus provided, pardoned, guided,
Nothing can our peace destroy.**

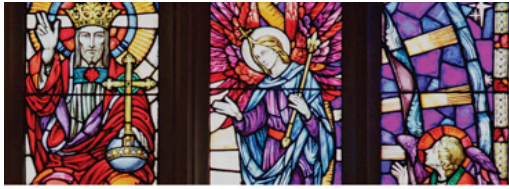
The Dismissal:

Leader: Let us go forth on our Lenten journey
in the power of God's love.

People: **Thanks be to God.**

Postlude:
Prelude and Fugue in e, BWV 533
J.S. Bach

We give thanks to God for all who give back to God out of what God has given you in support of the ministry at All Saints Kingsway! If you would like to give, you can do so in the following ways.



How to Give

1. Use an offering envelope and put it in the offering plate
2. PAR - Pre Authorized Remittance (automatic monthly withdrawal)
The form to enroll or make changes can be found at www.allsaintskingsway.ca/give
3. E-transfer - send to etransfer@allsaintskingsway.ca and include any special designation necessary
4. Give online through Canada Helps - <https://allsaintskingsway.ca/give>

*The flowers in the sanctuary are given
to the glory of God*

*in loving memory of loved ones,
from Nancy and Terry Dockrill's family.*

*Please notify the Clergy if you know of anyone
who is ill or otherwise in need of pastoral care.
Such information is of great assistance to the Clergy,
as they endeavour to minister to parishioners.*

Readers: Evelyn Clarke and Donna Bristow
Chalice Bearers: Anne Layton and Jamie Isbister
Gospeller: The Reverend Deacon Jennifer Cameron
Intercessor: The Reverend Ginnie Wong
Production: ASK Tech Team
Incumbent: The Reverend Dr. Patrick McManus
Associate Priest: The Reverend Ginnie Wong
Deacon Associate: The Reverend Deacon Jennifer Cameron
Deacon Associate: The Reverend Deacon Natania Friesen
Director of Music/Organist: Gerald Loo
Office Administrator: Kerisha Barnes Drummond
Communications Assistant: Jacob Andrews
Sextons: Phuntsok Rabten and William Cuaresma
Churchwardens: Mary Anne Huggins, Terry Smith, David Costen,
and Michael Wickware

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to seeing you again soon!

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